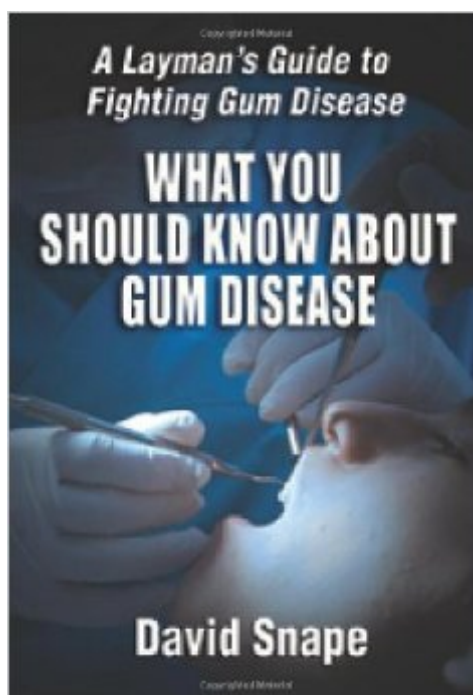


The book was found

What You Should Know About Gum Disease



Synopsis

Aside from being the number one cause of tooth loss, can gum disease kill you? Ongoing research continues to point to the likelihood of a connection between gum disease and other serious diseases such as heart attack, stroke, diabetes, lung infections and low birth weight, pre-term babies. As research continues, it is likely that even more connections will be discovered. What You Should Know about Gum Disease is truly the layman's guide to fighting gum disease. Written in easy to understand language, it explains in detail what every human being with gum tissue (everyone) should know. This guide goes beyond mere brushing and flossing and discusses tools, concepts, techniques and knowledge that will help you to defeat gum disease or prevent it from visiting your mouth in the first place. The author draws upon and shares personal experiences and success in fighting gum disease as well as the struggle to understand what affects so many people today. This is a book written by a layman for the benefit of non professionals as well as professionals around the world. Gum disease, a plague that has haunted mankind for thousands of years, is still with us today. It doesn't show any signs of leaving. Low estimates are that forty percent of the human population has some form of gum disease right now. Higher estimates put that number at eighty percent. A popular clinic's website indicates that as many as ninety-five percent of the adult population will have some form of gum disease by age sixty-five. Yet, it has also been found in young children. With these odds, chances are high that What You Should Know about Gum Disease will serve you well. You do not have to accept gum disease as an inevitable consequence of aging. Learn what you can do, starting today, to begin fighting an existing case of gum disease or preventing gum disease from visiting your mouth in the first place. If four to eight out of every ten people have some form of gum disease, it is possible that you or someone in your family is one of them. This book promises to provide information that your dentist either did not know or did not have the time to tell you about. In fact, many dentists may learn a few things about gum disease and fighting it that they were previously unaware of. Endorsed by a periodontist, a dentist, two physicians and one hygienist, What You Should Know about Gum Disease is ever respectful to the dental profession. It always refers the patient back to the doctor and encourages understanding, communication and compliance between them. In fact, many dentists may want this book in their waiting room to enhance patient education. They may wish to give this book to every new patient who walks through the door to help patients better understand what gum disease is and what they can do about it at home. This will help initiate discussion and a higher degree and willingness for compliance with the doctor's home care plan. It can not get much better than this for the concerned doctor or the patient! Even so, What You Should Know about Gum Disease remains layman friendly

both in terminology and readability. This is a book that is a helpful companion to the individual. This book is your friend. It is a lifetime companion that you and everyone else should want on the bookshelf. It is truly your guide to fighting gum disease.

Book Information

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Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (8 customer reviews)

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Customer Reviews

The Good: It's cheap. You basically learn how to pull out all the stops, if you are desperate to save your teeth (as I am). There is definitely some good advice for some things to do and I learned some things. I give him credit for that. This is by far the best part of the book. It's a fairly quick read.

The Bad: The author is most likely being compensated in some way by Hydro Floss and the manufacturers of some of the chemicals he is plugging in this book, in my opinion. Or, he is selling some of the products direct from his website to make a profit, I can't tell which, frankly. This set off my "conflict of interest detector" constantly, so I felt I had to filter out what is good advice and what was sales pitch. This feeling was bolstered by my going to the websites he promotes as being information sources, finding them to be retailers, and seeing the author's face plastered all over them. The advice in the book could have been given in literally 20% of the space used. The other 80% is filler used to get the thing to a word count high enough to be able to call it a book, I guess? As others have said, way way WAY too repetitive. You have to skip over huge portions of the book to get to the meat.

Overall: it's worth a read, but be prepared to do a lot of filtering, and don't believe everything you read. You are paying for a book that is in part an advertisement, or it sure seems like it is anyway.

It's amazing how much people tend to neglect their teeth. Oh, plenty of people brush and floss, and visit their dentist. However, many people, even in this rather health-conscious society of ours, don't realize how much more there is to taking care of their mouths. Gum disease is incredibly prevalent and surprisingly detrimental to human health. Its effects on the human body can be more widespread than many people realize. In general, many dentists simply aren't interested in keeping people informed about what is needed to maintain their teeth and gums. Mr. Snape explores in depth what is necessary to keep one's gums and teeth healthy. He explains various diseases of the mouth, methods of treatment and prevention, and even provides excellent information on choosing medical care. A great deal of thought and research went into this book, and it is put together in clear and concise language. Gum disease isn't a particularly fun topic to read about. However, it is an important one, and David Snape provides an excellent guide to learning more about taking care of one's oral health.

A activist layman's book of his experiences with gum disease/disorders. Well-intentioned explanations of his experiences with dentists and his trials at finding products to help. Although the book is 244pp long it should be about half as long as it is extremely repetitive and extremely self-protective about adding disclaimers continually along the lines of "don't do anything without consulting your dentist", "there are no scientific studies to back this up", etc. I guess this is what one might expect in our combative legalistic systems with a tremendous overage of lawyers and a mis-designed legal system. Pretty much a one-of-a-kind book as I can determine (no others of that type out here--and current, only a few months old). I highly recommend the book for the information that can be gleaned by skimming over (ignoring repetition) most of the book, but paying close attention to recommendations in chapter 3 (home care).

As a person whose gums were in really bad shape, I was very happy when I stumbled onto this book. Dave gives great insight on what a person should do to maintain optimal oral hygiene to prevent the development and progression of gum disease such as gingivitis and periodontitis. These diseases can very easily creep up on someone because often a person does not know the signs and symptoms of these conditions or how to combat them. Dave talks about the consequences that failure to maintain one's oral hygiene results in. This is a must read for anyone who would like to be more informed about gum disease. Reading this book, I have learned that 80% of the population has some form of gum disease. If you or someone you know feel that you have some sort of dental problem be it gum disease or cavities, it is of the up-most importance that you go see a dentist as

soon as possible. This book alone will not solve your dental problems but it will sure go a long way in helping you be informed on the seriousness that is gum disease and the continuous battle in helping to keep it at bay as well as halting it's progression as best as possible. Dave talks about tools that he uses to help keep his mouth disease free as much as it can possibly be but he also recommends going to a dentist for a cleaning regularly as no combination of tools alone without having a professional cleaning is effective in combating dental disease. He also recommends first checking with your dentist before using any of the mentioned tools. A highly informative and recommended book.

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